

Client Name:	Address:
Date of Birth:	Post Code:
Gender: Male Female	Telephone No:
Occupation:	E-Mail:
Practitioner Name:	Date:

Health and Lifestyle

Contraindications			Do you have any of the		
Liver/Kidney Disease	YES	NO	Hyper or Hypotension	YES	NO
Heart Conditions inc. Pacemaker	YES	NO	Scarring history, fibrosis or	YES	NO
Silicosis or other Lung Conditions	YES	NO	Haemophilia or other clotting	YES	NO
Cancer	YES	NO	Epilepsy	YES	NO
Reynaud's Disease (or other vaso constrict disorders)	YES	NO	Diabetes	YES	NO
Physical Hypotonic	YES	NO	Thyroid Condition	YES	NO
Cardiovascular Disease	YES	NO	Hormonal Imbalances	YES	NO
Cerebral Disease	YES	NO	Other immune disorders not listed	YES	NO
Immune System Disease (i.e. AIDS)	YES	NO	Received or donated organ	YES	NO
Urticarial or other immune	YES	NO	Psoriasis or eczema in treatment	YES	NO
Hypoproteinaemia	YES	NO	Keloid/hypertrophic scar in the	YES	NO
Frostbite Intolerance	YES	NO	High Cholesterol	YES	NO
Hernia or weak stomach muscle	YES	NO	Thrombosis (past or present)	YES	NO
Severe diabetes	YES	NO	Broken Bones	YES	NO
Recent invasive surgery (in the last 12	YES	NO	Undiagnosed swelling or	YES	NO
Artificial Implants (bone, etc)	YES	NO	Bruising, cuts or abrasions	YES	NO
Metal Plates or Joint Implants	YES	NO	Fever	YES	NO
Sites of prior cosmetic surgery	YES	NO	Menstruation	YES	NO
			Any other conditions not listed	YES	NO
			Do you have a pacemaker or any other electronic device fitted within your body?	YES	NO
			Do you have a copper coil fitted?	YES	NO
If yes please list:					
Pregnant or Breastfeeding	YES	NO			
Currently under the influence of drugs or alcohol	YES	NO			

If you have answered yes to any of the above, please give full details:

Are you currently taking any medication? YES NO

If yes, please list all medications

How is your sleep pattern?	Average	Poo	No. of Hours Sleep per night:	
How is your diet?	Good	Average	Poo	How much water do you drink per
Do you drink alcohol?	YES	NO	If yes, how many units per week?	
Do you smoke?	YES	NO	If yes, how many cigarettes per	
Do you exercise?	YES	NO	How often do you exercise per	
Have you ever had cryo body contouring or any fat removal or similar treatments before? If yes, please give details below including the type of treatment and the area				YES NO
Are you fully committed to making the relevant changes to get the best possible results from your treatment?				YES NO